

## FEMORAL NERVE BLOCK



This outpatient procedure numbs the leg with an injection of local anesthetic. Typically, it is used before or after surgery on the thigh or knee.

### 1. Preparation

The patient lies down to provide access to the thigh. The area is cleaned and sterilized, and a local anesthetic is administered to numb the tissue at the injection site.

### Locating the Nerve

The physician uses ultrasound or an electrical nerve stimulator to locate the femoral nerve. A needle is carefully guided through the thigh and down to the nerve.

### 2. Numbing the Nerve

Anesthetic is slowly injected through the needle, bathing the nerve and temporarily blocking sensation in the leg.

### After Care

The numbing sensation will last for several hours after the injection. Painkillers may be needed to alleviate any pain from the procedure after the anesthesia wears off.

