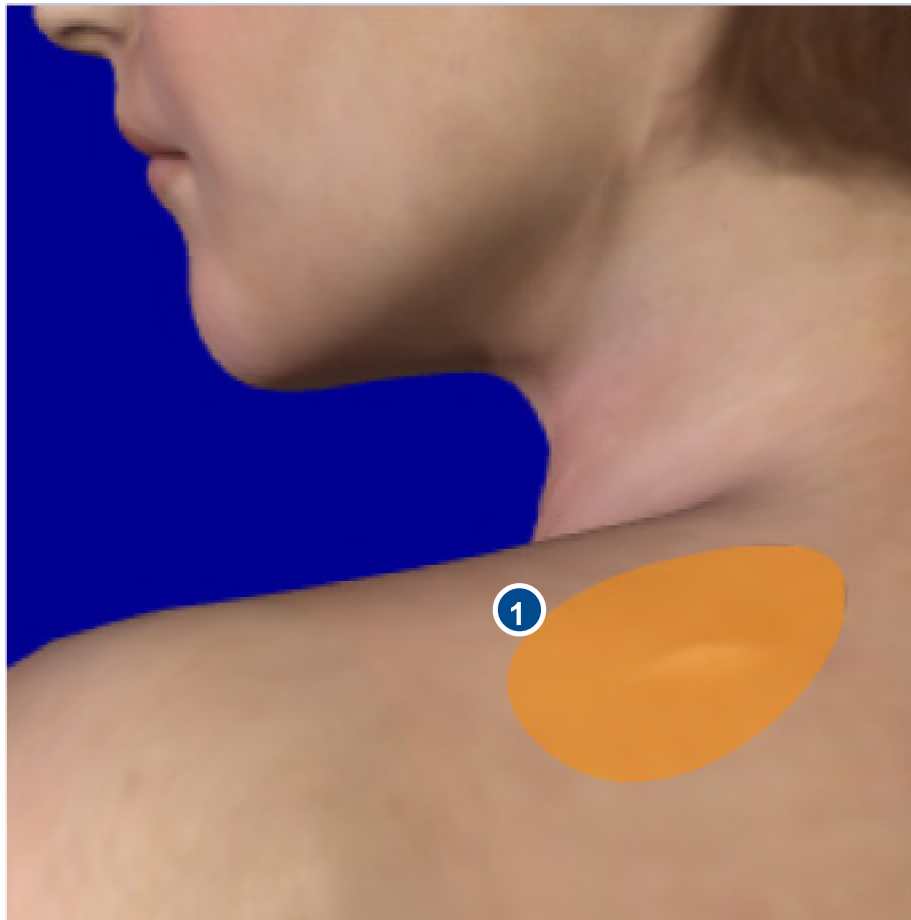


TRIGGER POINT INJECTIONS



This outpatient procedure is designed to reduce or relieve the pain of trigger points. These small knots can form in muscles or in the fascia, the soft, stretchy connective tissue that surrounds muscles and organs.

1. Preparation

The area around the trigger point is cleaned and sterilized. The area may be numbed with a nerve block or an injection of local anesthesia.

2. Medication Injected

A small needle is carefully inserted into the trigger point, and an anesthetic mixture is injected. The anesthetic causes the trigger point to relax, relieving pain.

End of Procedure

The needle is removed, and the injection site may be covered with a small bandage.

